



Health Services

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Health Services

*Providing Mental Health, Public Conservator, Public Health, and
Substance Use Disorders Treatment Services*

Press Release

Not for op-ed

DATE: FEBRUARY 11, 2026

TO: MENDOCINO COUNTY NEWS MEDIA

FROM: MENDOCINO COUNTY PUBLIC HEALTH

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Mendocino County Public Health Echoes State Warning as Measles Cases Rise in California

UKIAH, CA – Following the California Department of Public Health (CDPH) alert regarding 17 confirmed cases statewide, Mendocino County Public Health is urging residents to verify their immunization status. While no cases have been reported locally to date, the highly contagious nature of the virus and its presence in neighboring Northern California counties, including an outbreak in Shasta County, requires immediate community action.

“Measles is one of the most contagious diseases we face, spreading easily through the air” Mendocino County Public Health Officer Dr. Charles Evans stated. “With residents traveling for school, work, and recreation, the risk of introduction to our county is real. The MMR vaccine remains our most effective tool to prevent local transmission and protect those most vulnerable, including infants and the immunocompromised”.

Measles symptoms typically include a high fever, cough, runny nose, and watery eyes followed by a rash that spreads from the head to the rest of the body. Individuals are contagious 4 days before the rash appears until 4 days after. If you or a family member has developed these symptoms, contact your healthcare provider immediately by phone before visiting a clinic to prevent spread to others.

What Should Residents Do?

To ensure you and your child are up to date on the Measles, Mumps, and Rubella (MMR) vaccine check your records by using the California Department of Public Health’s Digital Vaccine Record portal. This online system allows you to instantly access your complete immunization record directly from the California Immunization Registry. Visit myvaccinerecord.cdph.ca.gov or contact your healthcare provider where you receive vaccinations.

If you have not yet been vaccinated, you are encouraged to get vaccinated. Most health insurance plans cover the MMR vaccine. Those without a provider may contact Mendocino County Public Health at (707) 472-2713 to check eligibility for free vaccinations through the California Vaccines for Children (VFC) program and schedule an appointment.

Mendocino County Public Health supports and follows the CDPH immunization schedule: www.cdph.ca.gov/Programs/CID/DCDC/Pages/publichealth4all/vaccines.aspx.

For more information about Measles and Vaccination, visit the website: www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/measles.aspx.

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