



January 21, 2026

Attention:
Mendocino County Board of Supervisors
Mendocino County Behavioral Health Advisory Board

Re: Redwood Community Services Organizational Update

Client Update:

Here are the current breakdowns for client totals. Referral/Eligibility indicates a client in the referral and screening process, Intake/Assessment indicates engaged in active assessment process, and Treatment is active treatment with clinical team, in either outpatient or crisis services.

Definitions:

Mendocino County SMH refers to Outpatient SMH services

Mendocino County Crisis refers to Crisis Services (assessment and aftercare)

Mendocino County SMH Clients by Current Status

Table with 4 columns: Status, Children, Adults, Total. Rows include Active, Referral / Eligibility, and Intake / Assessment.

Mendocino County Crisis Clients by Current Status

Table with 4 columns: Episode Status, Children, Adults, Total. Row includes Active.

Mendocino County SMH Clients Served by Month FY 25_26

Count Distinct client_id	Month						
Age Range	July	August	September	October	November	December	January
Youth	210	210	213	203	208	205	189
Adult	297	281	290	281	273	292	251

Mendocino County Crisis Clients Served by Month FY 25_26

Distinct # of Clients Served	Month						
Age Range	July	August	September	October	November	December	January
Youth	33	35	37	45	36	39	20
Adult	245	257	229	232	147	138	106

Mendocino County Clients Served by Region FY 25_26

Distinct # of Clients by Region	Age Range	
Mendocino County Region	Youth	Adult
Ukiah	309	935
Willits	86	8
Fort Bragg	80	174
Redwood Valley	2	37

Mendo Crisis / SMH Services FYTD 25_26

Clients Served	Service Count	Units of Svc
1,232	25,508	122,125

Outcomes:

Progress of Closed Mendocino County Clients at Discharge FY 25_26

Count of Clients	Progress at Discharge					
	Month FY 25_26	Progress towards goal(s) remains unchanged	Client exited services before progress could be assessed	Completed treatment goal(s)	Deteriorated in level of functioning	Made progress on treatment goal(s)
	Sep	3	5	6	0	11
	Oct	3	9	2	1	10
	Nov	3	3	0	2	8
	Dec	0	5	4	2	5
	Jan	1	3	3	0	2

Upon discharge our clinician staff complete a discharge note, identifying the level of progress toward goals the client has engaged in. The typical reason you will see these folks have no progress toward goals is the level of engagement and length of treatment. These clients usually come in for assessment and early treatment but discontinue or no show to early appointments and do not engage in treatment to a degree that progress can be made.

Mendocino County Clients Transitioned to Lower Level of Care FY 25_26

Month FY 25_26	Aug	Sep	Oct	Dec	
Transition of Care Tools		1	1	3	1

As a system of care, we are responsible for transitioning clients who no longer need our level of Specialty Mental Health services which are operated by the County Mental Health Plan to mild to moderate levels of care through the Managed Care Plan.

Phoenix House (CRT):

Phoenix House CRT Clients Served by Month FY 25_26

Month	Jul	Aug	Sep	Oct	Nov	Dec
Clients	10	10	9	9	12	6

Success Stories:

Crisis recently put a client on a DTS hold 12/7, she ended up accepted to Redding and stabilized on medications, came back to her aftercare services once discharged. While in aftercare services she was able to stabilize enough to go back to college this month. Without this stabilization she was going to have to drop out of college, which was her biggest fear. She has checked back in since her return to school and is excelling!

Two clients are in completely new chapters of their lives that they may not have ever seen before. Not only is it the longest period of sobriety they've ever experienced, but they are rolling with the punches and maintaining with new skills and constant challenges. One client who is constantly challenged continues to demonstrate investment and perseverance and is having significant successes every day. Success seems to be cyclical and hard to maintain for our people, and even if he is not permanently successful from this moment on, this may be his own personal greatest he's ever witnessed of himself at this time. Another Client is on the precipice of another significant change and whole new set of challenges and although it is terrifying and completely daunting for her, she's keeping her chin up and trusting in her support network and her ability to adapt.

One TAY youth recently joined the CCC, reconnected with their partner, and is about to welcome a baby. This youth came to us after moving to Mendocino County, initially working with another provider before transitioning into our program. While with us, they secured employment and were able to save money, successfully transitioning back home and reconnecting with their natural support. Enrolling in the CCC provided them with stable housing and served as a stepping stone toward a career.

One client we are serving through ACT client has been focusing on distress tolerance and has consistently worked to eliminate the barriers and challenges affecting their mental health. RCS supported moving her to a new, calmer apartment complex, which, the client reports, has reduced suicidal ideation and improved anger management. Through FSP funds, we supported the client in obtaining an emotional support/service dog adoption from a shelter, which has alleviated their loneliness and improved their overall frustration levels. Now, with IHSS support seven days a week and the companionship of the dog, the client has significantly reduced emergency room visits and the use and abuse of PRN medications. They have developed greater insight into their triggers and needs and actively advocate for themselves. The frequency of text messages or emails to providers has decreased, reflecting the positive environment they are now in. Additionally, the client has reconnected with their church and is engaging in healthy relationships.