



Stay Healthy This Flu Season!



FREE Flu Vaccine is available for anyone 18 years or older at Public Health.



FREE Childhood Vaccinations are provided through the California Vaccines for Children (VFC) program for eligible families.

You may also get vaccinations from your primary care provider, if you don't have a care provider you may call Public Health at (707) 472-2716 to assist you.

Vaccines protect you and your quality of life. They're proven to be safe, and effective and a strong defense against severe illness.

IT'S TIME TO GET VACCINATED TODAY!

**public
health**

For more information visit:

www.mendocinocounty.gov/departments/public-health/nursing/vaccines

